

What is claimed is:

1. A method of irradiating a body, comprising:
providing a first head unit having at least a first light source, said at least a first
light source including at least a first one of a light emitting diode and a laser;
interconnecting said first head unit to a power supply; and
5 supplying an output signal having at least a first frequency to said at least a first
light source of said first head unit.
2. The method of Claim 1, further comprising providing identifying
information regarding said first head unit to said power supply.
3. The method of Claim 1, wherein said output signal having at least a first
frequency is selected in response to a selection of a first program.
4. The method of Claim 3, further comprising:
supplying an output signal to said at least a first light source of said first unit
having at least a second frequency, wherein said output signal having at least a second
frequency is selected in response to a selection of a second program.
5. The method of Claim 2, wherein said step of providing identifying
information comprises interposing a first resistance in a power supply circuit of said first
head unit.

6. The method of Claim 1, further comprising:
providing a second head unit comprising at least a second light source, said
second light source including at least a second one of a light emitting diode and a laser;
disconnecting said first head unit from said power supply;
5 interconnecting said second head unit to said power supply; and
supplying an output signal having at least a second frequency to said at least a
second light source of said second head unit.
7. The method of Claim 1, wherein said first head unit includes a number of
light sources, wherein an output signal having said first frequency is supplied to a first of
said light sources, said method further comprising:
supplying an output signal having a second frequency to a second of said light
5 sources.
8. The method of Claim 7, wherein said output having a first frequency and
said output having a second frequency are supplied to said respective light sources
simultaneously.
9. The method of Claim 7, wherein said output having a first frequency and
said output having a second frequency are selected in response to selection of a first
output program.

10. The method of Claim 9, further comprising:
selecting a second output program; and
in response to said selecting a second output program, supplying output having a
third frequency to said first of said light sources and output having a fourth frequency to
5 said second of said light sources.

11. The method of Claim 7, wherein a first of said light sources produces light
having a first wavelength and a second of said light sources produces light having a
second wavelength.

12. The method of Claim 1, further comprising:
starting a timer when said output is initiated; and
after providing said output for a predetermined period of time, discontinuing said
output.

13. The method of Claim 1, wherein said first light source comprises a laser
light source, said method further comprising, prior to said supplying an output signal,
determining that a key interlock switch is closed.

14. A body irradiator device, comprising:
a first head unit, including:
at least one light source;
a power supply selectively interconnected to said first head unit, wherein said
5 power supply provides an output signal to said at least one light source of said first head
unit at:

- a) at least a first frequency; and
- b) for at least a first selected period of time.

15. The device of Claim 14, wherein said first head unit further includes a
number of light sources, wherein said power supply provides an output signal at said first
frequency to a first one of said at least one light source, and wherein said power supply
provides an output signal at a second frequency to a second one of said light sources.

16. The device of Claim 14, wherein said at least one light source comprises at
least one of a laser and a light emitting diode.

17. The device of Claim 14, wherein said at least one light source comprises
one of a Gallium Aluminum Arsenide laser diode and a light emitting diode.

18. The device of Claim 14, wherein said light source has an output
wavelength of one of 628nm, 635nm, 830nm, and 850nm.

19. The device of Claim 14, wherein said first frequency within a range from 0.1Hz to 5999.0Hz.

20. The device of Claim 14, wherein said power supply comprises a display operable to indicate a frequency at which power is being supplied to said at least one light source.

21. The device of Claim 14, wherein said power supply is battery operated.

22. The device of Claim 14, wherein said first head comprises a first circuit element for identifying said first head unit.

23. The device of Claim 22, wherein said first circuit element comprises a first resistor located within a power supply circuit of said first head.

24. The device of Claim 23, wherein said first head unit further comprises a power supply switch, wherein said first resistor is in parallel with said power supply switch.

25. The device of Claim 14, further comprising:

a second head unit, including:

a light source comprising at least a first laser;

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a power supply switch;

a key interlock switch; and

a resistor in parallel with said power supply switch.

26. A device for applying light to a body, comprising:
means for generating light;
means for receiving at least a first selected output frequency;
means for receiving at least a first selected output time;
5 means for outputting a power signal at said first selected output frequency and
said first selected output time; and
means for interconnecting said means for outputting a power signal to said means
for generating light, wherein said means for generating light is operated at said first
selected output frequency for said first selected output time.

27. The device of Claim 26, wherein said means for generating light
comprises at least first and second light sources, wherein first and second output
frequencies are received by said means for receiving at least a first output frequency, and
wherein said first light source of said means for generating light is operated at said first
5 selected frequency for said first selected output time and said second light source of said
means for generating light is operated at said second selected frequency for said first
selected output time.